

Community groups

announce !



Newsletter of November 2007

Action-Gardien It's a community coalition of Point St. Charles created in 1981. This coalition brings together 25 community organizations of the neighbourhood and works within an anti-poverty perspective towards change for greater social justice.

Our neighbourhood community organizations are spaces where citizens can work collectively within an empowerment framework to take action on issues that concern them : health, housing, income, education, justice and advocacy, food security, heritage, culture, as well as social conditions for youth, families, women, seniors, new arrivals to Quebec, and other social groups.

Community groups of our neighbourhood have created Action Watchdog as the vehicle to respond for the need for information, sharing of experiences and joint actions on crucial issues that affect the conditions and quality of life for local citizens. It has brought citizens together since 1981 and continues to build solidarity amongst them for the past 25 years.

mark your Agendas ...

- Novembre 7th Wednesday with Lucie : Let's cook together.** We'll be making spaghetti sauce (preserved). This activity will take place at Madame prend congé from 1:15 to 3:00 p.m. at 1945 Mullins, suite 20. This activity is specifically for women. For info call: 514-933-2507
- November 8th Welfare Rights Committe and Comité des sans emploi Workshop.** Information, useful tips and discussions on social programs and current issues. At 1:15 p.m. , at St. Columba House, 2365 Grand Trunk St., 2nd floor.
- November 14th Wednesday with Lucie : An outing to the Montreal Museum of Fine Arts.** We'll visit the Canadian collection of masterpieces Departure from Madame prend congé situated at 1945 Mullins, suite 20 at 12h45 . We will provide bus tickets. This activity is specifically for women. For information and to register call: 514-933-2507
- November 15th Evening discussion on the theme of 'Living together, my culture, your culture, our culture...'** The way we think of 'Reasonable Accommodation' at Carrefour d'éducation populaire. At 7:00 p.m. at 2356 Centre St.
- November 16th Welfare Rights Committe and Comité des sans emploi Workshop.** Information, useful tips and discussions on social programs and current issues. At 1:15 p.m. , at St. Columba House, 2365 Grand Trunk St., 2nd floor.

mark your Agendas ...

November 21st Presentation night with «Le portage» organized by Familles en action. Le Portage is a rehabilitation center for drug, alcohol and medication dependence. A person will be coming to speak about their experience and recovery at Le Centre Portage. Child-care will be offered on site (registration obligatory). This activity will take place from 6:30 to 8:30 p.m. at 1915 rue Mullins. For information and reservations for child-care, contact Michèle at 514-932-6373.

November 21st **Wednesday with Lucie : Up to our necks in debt.** A Workshop on debt given by a person from ACEF South-West from 1:15 to 3:00 p.m. This activity is specifically for women. For information, call Madame prend congé at 514-933-2507.

November 23rd **Musical evening.** Performances by Point residents, featuring the Point's cultural communities. All types of music welcome. At 7:30 p.m., St. Columba House, 2365 Grand Trunk St.

November 28th **Community supper**, at 5h30 p.m., followed by the **Welfare Rights Committee 2007 Annual General Meeting** at 6h30 p.m. at Saint Columba House, 2365 Grand Trunk St.

November 29th **Thursday for justice : Married couple or common law partners : consequences.** To better understand the financial and legal differences, as well as the impacts, of these types of relationships. Presented by a lawyer of the Community Legal Services. The workshop will be held at 253, Centre Street, Office 101, from 1:30 to 3:30 p.m. It is important to sign up. The workshop is FREE. It will be given in French but presenters can answer questions in English. Information and registration : 514-933-8432.

Bulk news and activities...

Club populaire des consommateurs de Pointe-Saint-Charles

A new activity this fall : Workshop on Diabetes : Two free workshops each month for people living with Type 2 Diabetes. A place for dialogue on subjects of concern that affect your life as a person living with diabetes as well as an opportunity to receive advice on how to better live with diabetes.

Wednesday November 14th at 1:30 p.m. We will celebrate **International Day for Diabetics.** We will share a healthy meal together. The activity will take place at the Club populaire at 1945 Mullins, suite 30.

Friday November 16th at 1:30 p.m. **Workshop on Diabetes about the dangers of uncontrolled diabetes.** What is Diabetes Type 2, what are its symptoms, its complications, and how best to manage it. For information and registration : 514-932-1091

Saint Columba House

Saint Columba House is one of the beneficiaries of the Montreal Jubilation Gospel concert of December 14th at 8:00 p.m. at St. James United Church. We have 75 tickets to sell at \$45.40 each. What better way to ring in the Christmas season than to invite your friends and family. To reserve your tickets, call Christiane at 514-932-6202.

Presentation on proposals for development of the CN Lands

Action Watchdog invites you to participate in a **presentation on proposals for development of the CN Lands on November 29th at 7:00 p.m.** at St. Columba House, 2365 Grand Trunk St. This is an event not to be missed as the future of the community is at stake. More details will be forthcoming. For information, call 514-509-0795.